



XIX Binational Health Week ***“Healthy Mind, Healthy Life”*** ***October 2019***

Binational Health Week (BHW) has evolved into one of the largest mobilization efforts in the Americas to improve the health and well-being of the underserved Latino population that lives in the United States and Canada. During BHW, federal, state and local government agencies, community-based organizations and thousands of volunteers come together in the month of October to conduct a series of health promotion and health education activities including workshops, insurance referrals, vaccinations and medical screenings.

BHW fosters community solidarity by bringing together existing resources and thousands of volunteers working together for a common goal. The events are coordinated by the collaboration among Latin American consulates, community and government agencies from the U.S., Mexico and other Latin American countries with the purpose of reaching out to the most disadvantaged and vulnerable people, especially those without medical coverage.

BHW main partners include the Secretariats of Health and Foreign Affairs of Mexico, the Ministries of Foreign Affairs of Guatemala, Honduras, Colombia and Peru, as well as the Centers for Disease Control and Prevention, several Departments of Public Health, the Council of Mexican Federations in North America, and the Health Initiative of the Americas of the University of California, Berkeley, School of Public Health.

Binational Health Week 2019

This year, the nineteenth edition of the BHW will take place throughout the month of October, mainly in the United States. At the same time, this effort is being extended to other countries in Latin America and Europe, thanks to the participation and leadership of the consular networks of Mexico, Guatemala, Honduras, Colombia and Peru. During BHW several topics relevant to the health of the Latino migrant population will be addressed, including Mental Health, Infectious Diseases, Chronic Diseases, Access to Health Insurance, Women's Health and Occupational Health.

Results of the Binational Health Week 2018

During BHW 2018, thanks to the leadership and coordination of the consulates of the participating Latin American countries, nearly 2,000 health events were reported, with an attendance of more than 200 thousand people and the involvement of more than 6 thousand organizations, offering a total of 250,000 health services in 14 countries in the Americas and Europe.